

CLOBAZAM WITHDRAWAL



Other names
Frisium, Perizam

Drug category
Benzodiazepam

Uses

Clobazam is used for anxiety and as add-on therapy for all types of epilepsy.

Available forms

Tablet, liquid (20x clonazepam dose if converting)

Withdrawal effects

Rapidly stopping clobazam can cause seizures, drowsiness, dizziness, restlessness and unsteadiness. These are common in the first 2-4 weeks after stopping suddenly. Withdrawal may also worsen depression, anxiety or insomnia.

How to withdraw it – CLOBAZAM

Reduce clobazam by 5mg every 4 weeks down to 10mg per day. Then follow this schedule.

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0	10mg	10mg	10mg	10mg	10mg	10mg	10mg
1	10mg	Nil	10mg	10mg	10mg	Nil	10mg
5	10mg	Nil	10mg	Nil	10mg	Nil	10mg
9	10mg	Nil	10mg	Nil	10mg	Nil	Nil
13	10mg	Nil	Nil	Nil	10mg	Nil	Nil
17	Stop clobazam completely						

An alternative is to switch 10mg clobazam to 5mg diazepam, which can be reduced as follows

How to withdraw it – DIAZEPAM

Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0	5mg	5mg	5mg	5mg	5mg	5mg	5mg
1	4mg	4mg	4mg	4mg	4mg	4mg	4mg
3	3mg	3mg	3mg	3mg	3mg	3mg	3mg
5	2mg	2mg	2mg	2mg	2mg	2mg	2mg
7	1mg	1mg	1mg	1mg	1mg	1mg	1mg
9	Stop diazepam completely						

If any of the above withdrawal side-effects occur, the drug reduction can be paused for an extra 2-4 weeks and then continued.

This information is for guidance only. Always read the medicine information leaflet with any new medicine for full details.